

SUTAB COLONOSCOPY INSTRUCTIONS

ROSE SURGICAL CENTER

4700 E HALE PARKWAY SUITE 200

303-758-1175

DATE: _____ CHECK IN AT: _____ COLONOSCOPY TIME IS: _____

THE WEEK BEFORE YOUR COLONOSCOPY:

AVOID SEEDS, NUTS, CORN, AND OTHER RUFFAGE NOT EASILY DIGESTED

DAY BEFORE COLONOSCOPY:

LIQUID DIET ALL DAY: START IN THE MORNING (BOUILLON AND BROTH SOUPS, BLACK COFFEE, TEA WITHOUT DAIRY, JUICE, WATER AND JELLO)

NO SOLID FOOD, NO DAIRY PRODUCTS AND NOTHING RED

USING YOUR SUTAB KIT:

At 5:00PM complete steps 1 through 3 using the FIRST bottle of SUTAB

Step 1: Fill the provided container with 16-ounce of water (up to the fill line)

Step 2: Swallow each tablet in the FIRST bottle (12 tablets total) with the 16-ounce container of water over the next 30 minutes. It is ok to take the tablets slower if needed, or use Gas-X or antacids as needed

Step 3: Wait one hour after swallowing the last tablet. Then drink two more 16-ounce containers of water (32-ounces total) over the next two hours.

CONTINUE DRINKING CLEAR LIQUIDS UNTIL YOU GO TO BED

6 hours before your procedure, repeat steps 1 through 3 using the second SUTAB bottle. All prep and the additional containers of water must be completed. You must **FINISH** step 3 (2 more 16-ounce containers of water)

****ABSOLUTELY NOTHING TO EAT OR DRINK after YOU HAVE COMPLETED THE PREP****

ABSOLUTELY NO RED JUICES OR RED JELLOS

IF YOU TAKE ASPIRIN OR MEDICATIONS TO THIN YOUR BLOOD, MAKE SURE TO REVIEW OUR LIST OF MEDICATIONS TO HOLD BEFORE THE PROCEDURE INCLUDED IN THE GENERAL INFORMATION

YOU WILL NEED SOMEONE TO PICK YOU UP AND DRIVE YOU HOME AFTER PROCEDURE.

*****IF YOU HAVE A COPAY OR DEDUCTIBLE PAYMENT IS DUE AT THE TIME OF SERVICE, ANY CANCELLATIONS WITHIN 48 HOURS WILL BE BILLED \$200*****